

# Psychotropic Drugs: A Guide For The Practitioner

## QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP  
 To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS						
Generic NAMES	Brand	Usual Daily Dosage Range	Sedation	ACH <sup>1</sup>	NE	Selective Action On Neurotransmitters <sup>2</sup> DA
Imipramine	Tofranil	150-300 mg	mid	mid	++	+++
desipramine	Norpramin	150-300 mg	low	low	++++	0
amitriptyline	Elavil	150-300 mg	high	high	+++	+++
nortriptyline	Aventyl, Pamelor	75-125 mg	mid	mid	++++	++
clomipramine	Anafranil	150-250 mg	high	high	0	++++
trazodone	Desyrel, Olepro	150-400 mg	mid	none	0	+++
nefazodone	Generic Only	100-300 mg	mid	none	0	+++
fluoxetine	Prozac <sup>3</sup> , Sarafem	20-80 mg	low	none	0	++++
bupropion-XL	Wellbutrin-XL <sup>4</sup>	150-400 mg	low	none	++	0
sertraline	Zoloft	50-200 mg	low	none	0	++++
paroxetine	Paxil	20-50 mg	low	low	+	++++
venlafaxine-X.R.	Effexor-X.R. <sup>4</sup>	75-350 mg	low	none	+++	+++
desvenlafaxine	Prisq	50-400 mg	low	none	+++	+
fluvoxamine	Luvox	50-300 mg	low	low	0	++++
mirtazapine	Remeron	15-45 mg	mid	mid	+++	+++
citalopram	Celexa	10-40 mg	low	none	0	++++
escitalopram	Lexapro	5-20 mg	low	none	0	++++
duloxetine	Cymbalta	20-80 mg	low	none	+++	+++
vilazodone	Viibryd	10-40 mg	low	low	0	+++
atomoxetine	Strattera	60-120 mg	low	low	++++	0
vortioxetine	Brintellix	10-20 mg	low	none	+	++++
levomilnacipran	Fetzima	40-120 mg	low	none	+++	+++
MAO INHIBITORS						
phenelzine	Nardil	30-90 mg	low	none	+++	+++
tranylcypromine	Pamate	20-60 mg	low	none	+++	+++
selegiline	Emsam (patch)	6-12 mg	low	none	+++	+++

<sup>1</sup>ACH: Anticholinergic Side Effects  
<sup>2</sup>NE: Norepinephrine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, +++ = moderate effect, ++++ = high effect)  
<sup>3</sup>Uncontrolled, but likely effective  
<sup>4</sup>Available in standard formulation and time-release (XR, XL, or CR). Prozac available in 90mg time-release/weekly formulation

BIPOLAR DISORDER MEDICATIONS						
Generic NAMES	Brand	Daily Dosage Range	Serum <sup>1</sup> Level	Generic NAMES	Brand	Daily Dosage Range
lithium carbonate	Eskalith, Lithonate	600-2400	0.6-1.5	divalproex	Depakote	750-1500
olanzapine/				lamotrigine	Lamictal	50-500
fluoxetine	Symbyax	6/25-12/50mg <sup>4</sup>	2	oxcarbazepine	Trileptal	1200-2400
carbamazepine	Tegretol, Equetro	600-1600	4-10+			

<sup>1</sup>Lithium levels are expressed in mEq/L; carbamazepine and valproic acid levels expressed in mcg/mL  
<sup>2</sup>Serum monitoring may not be necessary. <sup>3</sup>Not yet established. <sup>4</sup>Available in 6/25, 6/50, 12/25, and 12/50mg formulations

ANTI-OBSESSIONAL			
Generic NAMES	Brand	Dose Range <sup>1</sup>	Serum <sup>1</sup> Level
clomipramine	Anafranil	150-300 mg	
fluoxetine	Prozac	20-80 mg	
sertraline	Zoloft <sup>2</sup>	50-200 mg	
paroxetine	Paxil <sup>2</sup>	20-60 mg	
fluvoxamine	Luvox <sup>2</sup>	50-300 mg	
citalopram	Celexa <sup>1</sup>	10-40 mg	
escitalopram	Lexapro <sup>1</sup>	5-30 mg	
vilazodone	Viibryd <sup>1</sup>	10-40 mg	

<sup>1</sup>Higher doses are required to control obsessive-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS			
Generic NAMES	Brand	Daily Dosage <sup>1</sup>	Serum <sup>1</sup> Level
methylphenidate	Ritalin	5-50 mg	
methylphenidate	Concerta <sup>2</sup>	18-54 mg	
methylphenidate	Metadate	5-40 mg	
methylphenidate	Methylphenidate	10-60 mg	
methylphenidate	Daytrana (patch)	15-30 mg	
methylphenidate	Qualitest XL (liquid) <sup>2</sup>	10-60 mg	
dexamfetamine	Focalin	5-40 mg	
dextroamphetamine	Desoxine	5-40 mg	
lisdexamfetamine	Vyvanse	30-70 mg	
d- and l-amphetamine	Adderall	5-40 mg	
modafinil	Provigil, Sparlon	100-400 mg	
armodafinil	Nuvigil	150-250 mg	

<sup>1</sup>Note: Adult Doses. <sup>2</sup>Sustained release

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